



Plancher
Orthopaedics &
Sports Medicine
PLLC

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Complex Arthroscopic
Knee, Shoulder and Elbow
Reconstructive Surgery

Sports Medicine
Minimally Invasive Surgery
Unicondylar Knee
Replacement
Total Shoulder Replacement

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NEWS 12 CONNECTICUT INTERVIEWS KEVIN PLANCHER, M.D., ON CONNECTICUT'S FIRST GENDER-SPECIFIC KNEE IMPLANT



Orthopaedic surgeon Kevin Plancher, M.D., was recently interviewed by Gillian Neff reporter from News 12 Connecticut, on the subject of Connecticut's first Gender-Specific Knee Implant. Dr. Plancher head of Plancher Orthopaedics & Sports Medicine PLLC, and Chairman of the Orthopaedic Foundation for Active Lifestyles, both located in Cos Cob, Connecticut, said, "I utilized the innovative Zimmer female knee implant which has been specifically designed for women."

"Because women's hips are wider, the angle of the femur is greater than that of a man," said Dr. Plancher. "It is called the Q-angle, therefore if you design a knee implant that accommodates that angle, the knee cap will track more naturally on the front of the femur. Women's knees have three differences: they are taller and not as wide, they're more delicate and not as thick in the front, and the angle at which the knee works—the Q-angle—is greater in women."

"It makes great sense to improve implant-fit through very specific design features," Dr. Plancher says. "I believe that the gender-specific knee implant design is a leap forward in knee surgery, possibly the advance of the decade."